

2011 USATF Region 2 Junior Olympic
Cross Country Championships

Schedule:

Saturday, November 19, 2011

TBD - Packet Pickup and Coaches Meeting

Sunday, November 20, 2011

8:30am - Packet Pickup at Deer Path Park

9:00am - <SHARP!> Course Walk

10:30am - 1st race (see schedule other side)



www.usatfnj.org

Hosted by:
USA Track & Field
New Jersey Association
P. O. Box 330
Boonton, New Jersey 07005

Region 2
(Niagara, Three-Rivers,
Mid-Atlantic, & New Jersey)

Passport

(Official & Subject to Revision)
Version Control: October 2011 v1.1

**USA Track & Field
Junior Olympic
Cross Country
Championships**



**November 20, 2011
Deer Path Park**

Flemington, New Jersey
Hosted by USATF-NJ
www.usatfnj.org/youth/index.html



Region 2 Championships

Event Management - USATF-NJ Association
Pam Fales - Meet Director usatfnj@hotmail.com

Ben Campbell - Competition Director
Nj2011xc@yahoo.com

Lucy Bagley - USATF-NJ Youth Chair
bagley96@aol.com

Meet Entry Information

The Regional entry fee is \$10 per athlete. Individuals must register online after their association championship meet to compete in the Region 2 Championships.

Qualification Information for this Meet

All youth athletes from New Jersey, Niagara, Three Rivers and Mid-Atlantic Associations that compete in their home association championship are eligible to advance to the Region 2 Championships. High school athletes may be waived directly into the region meet if there is a conflict with the association meet schedule. These athletes must send a request prior to the region meet deadline to waive the association meet to Cindy Long: cjlong3@verizon.net
All Athletes must have valid, age verified USATF Memberships.

Teams

Teams must represent current USATF Association member clubs and athletes representing clubs must be registered members of said clubs prior to participation in their Association Championships. All members of the same club listed on the team declaration roster at the Association Championships are eligible to compete on the club's team (minimum of five, maximum of eight) in the Regional and National Championships as long as the team qualifies.

National Advancement from Region 2 Meet

The National Advancement Fee is \$20.00 per Athlete. Individuals that place in the Top 20 in each age/gender category and the Top 3 Teams will qualify to advance to the National Junior Olympic Cross Country Championships on Sunday, December 10, 2011 at Whispering Pines Golf Course in Myrtle Beach, SC.

All advancements from the Region 2 Championships to the National Championships must be done online.

National Championship Meet Information:
www.usatf.org/events/2011/USATFJuniorOlympicXCChampionships/

Championship Races

Rules
USATF rules apply.

Race Schedule (subject to change)

Age Group	Birth Year	Race Time	Distance
Sub-Bantam Girls	2003 or later	10:30am	2000m
Sub-Bantam Boys	2003 or later	10:45am	2000m
Bantam Girls	2001-2002	11:00am	3000m
Bantam Boys	2001-2002	11:20am	3000m
Midget Girls	1999-2000	11:40am	3000m
Midget Boys	1999-2000	12:00pm	3000m
Youth Girls	1997-1998	12:20pm	4000m
Youth Boys	1997-1998	12:50pm	4000m
Intermediate Girls	1995-1996	1:20pm	5000m
Intermediate Boys	1995-1996	TBA	5000m
Young Women	1993-1994	TBA	5000m
Young Men	1993-1994	TBA	5000m

Schedule time is approximate and is subject to change. Depending on the number of participating runners in the Intermediate and Young, races may be combined.

Results

Official results will be available within 45 minutes after each race and posted in the registration area. The results will also be posted by Monday morning at www.usatfnj.org under Youth Athletics and the XC Calendar.

Awards

Junior Olympic Award Medals to the Top 20 athletes in each age division.

Protests

Protests must be submitted in writing to an organizer at the race registration table within 30 minutes after race results have been posted and accompanied by a \$50 fee. The fee is refunded if decision is reversed.

Medical

There will be medical personnel at the meet.

Course and Hotel Information

Deer Path Park
120 West Woodschurch Rd, Flemington, NJ
<http://www.co.hunterdon.nj.us>

Course Information:

Course is primarily grass and trails. The park is located on West Woodschurch between routes 523 and 31. Go past the YMCA complex and park down near the lake. There are port-a-johns available year-round. This park is the site of fall races for both high school and USATF-NJ cross-country events.

Restrooms & Dressing Facilities:

Competitors should arrive at the course wearing running uniforms and sweats. Bathrooms will be located conveniently in the park along with supplemental port-a-johns, if necessary.

Directions:

From the Flemington circle: (which is at Route 31 & Route 202) go North on Route 31 towards Clinton. After approx. 4 miles, turn Right onto W. Woodschurch Road. Park entrance will be on your right.

From Route 78 West: Merge onto 523 S at exit #24 toward Whitehouse. At Rt 22, go East for approx 1/4 mile, then turn Right to continue onto 523/Main St. Go just over 5 1/2 miles and then turn Right onto Woodschurch Rd. Turn Left onto W. Woodschurch Rd. The park entrance is on your left.

From Route 78 East: Exit 17 (NJ Route 31 South). Take 31 South for approx 6 miles to W. Woodschurch Rd. (All turns from right lane). Park entrance is on your right.

Race Headquarters & Accommodations

Approximately 6 Miles from Deer Path Park.

Race Headquarters Hotel and Guest Rooms are available for Reservation on or before November 14, 2011 and are reserved under "USATF Junior Olympics" at:

Hampton Inn - Clinton
16 Frontage Drive
Clinton, NJ 08809
(P) 877-899-3435

\$89 Single/Double room
\$10 each additional person (up to 4 people)
Continental Breakfast is included

Normal price is \$120, please use this room block!

Mention "USATF Junior Olympics" until November 14th to get block price.

Updates to the meet information will be posted on the USATF NJ Association Website, if necessary:

www.usatfnj.org/cross/XC_Calendar.html